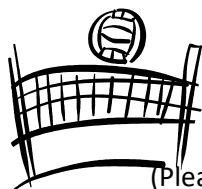


2019 ALTA SIERRA FALL SPORTS

Athletic Director- Chrishansen@cusd.com



Girls Volleyball – kristinpena@cusd.com

REGISTRATION: Aug. 12 in the wrestling room from 3-4pm

TRYOUTS: August 13,14,15,16- 7th -3-4pm & 8th – 4-5 pm

(Please use the Alta Sierra Girls Volleyball link to fill out registration information)

Football - chrismcgrady@cusd.com

Football Registration – outside the Science 400 wing

August 10- 9:00-11:00am

Practice: August 12-16 from 3-



Girls Golf – ricksandoval@cusd.com

Tryouts: August 12,13 room 212 @ 3:00

August 14, 15 Valley Golf Center 3:15

August 19 – 22 Valley Golf Center 3:15

Girls Water Polo- leahbalch@cusd.com

Practice: Practice: August 12-16 from 6am-7:45am



Boys Water Polo –david5walden@yahoo.com

Practice: August 12-16 from 3-5pm



Cross Country- dustinbeauchamp@cusd.com

August 12-16 from 3:30-5pm at the Alta Sierra Track

Running camp -Aug 5-9 at BHS track.

Call Coach Weaver @ 281-5698 for information

Girls Tennis – dongrensted@yahoo.com

Tryouts: August 12-15 from 3:00 to 5:00



All athletes are required to have a completed eligibility/health screen form turned in prior to starting tryouts or practices.